



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer for the Faithful Departed

O God,
Creator and Redeemer
of all the faithful,
grant to the souls of your
departed servants,
happiness and peace as we
remember them with
charity and kindness.

May Jesus Christ,
the Universal King,
bring them freedom and
peace and embrace them
to join in his
everlasting Kingdom.

Amen.



Continue to practise good hygiene. Please use the hand sanitisers provided in both of our Churches.



Thoughts of Blessed Francis Jordan

Cast all your cares to the Lord and soon you will discover that the Lord directs all things to the best outcome!

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish Sacred Heart Church and Maria Regina Church



POPE FRANCIS' PRAYER INTENTION FOR November

For the Pope

We pray for the Holy Father; as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am

Wednesday 9.30am

Thursday 7pm

Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm

Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION

4.00pm to 4.30pm Saturday

Baptism

4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am

Wednesday 8am

Thursday 10am

9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm

Sunday 9.00am

RECONCILIATION

Before Vigil Mass on Saturday

BAPTISM

3rd Sunday - 11.00am

We Pray for Deceased Anniversary

Joe Garces

Recently Deceased
Neville Cochrane

Prayer for the Sick

Anna Śmigowska

Guy Zofrea

Jeff Langley

Mark Linfiels

Nick Moullakis

Bill Eyre

Brian Gregan

Marcia Bailey

Bec Burroughs

Susan Hickey

Margaret De Landre

Stefan Bayer

Jenny Carroll

Matt Ukishima

Mina Lee

Maureen Larios

Denise Wagner

Tom Murphy

Leonie Ariemetto

Marco Sangiacamo

Sarah Paterson

Marta Bizubova

Dianne Williams

Elaine Boyes

Parish Office Hours

Monday to Thursday

9.00 am to 4.00 pm

Friday

9.00 am to 12.00 pm

MAY HE GIVE YOU

the desire of your heart and

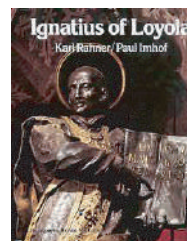
make all your plans

SUCCEED.

PSALM 20:4

BOOK REVIEW

“Ignatius of Loyola”



Karl Rahner and Paul Imhoff have joined an interpretative essay with end engravings and lavish colour photographs in Ignatius of Loyola.

Liturgy for the Week

27/11 **Monday, Ordinary Time 34**
Dan 1:1-6, 8-20; Lk 21:1-4

28/11 **Tuesday, Ordinary Time 34**
Dan 5:1-6, 13-14, 16-17, 23-28; Lk 21:12-19

29/11 **Wednesday, Ordinary Time 34**
Dan 2:31-45; Lk 21:5-11

30/11 **Thursday, St Andrew**
Rom 10:9-18; Mt 4:18-22

01/12 **Friday, Ordinary Time 34**
Dan 7:2-14; Lk 21:29-33

02/12 **Saturday, Ordinary Time 34**
Dan 7:15-27; Lk 21:34-36

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Pittwater

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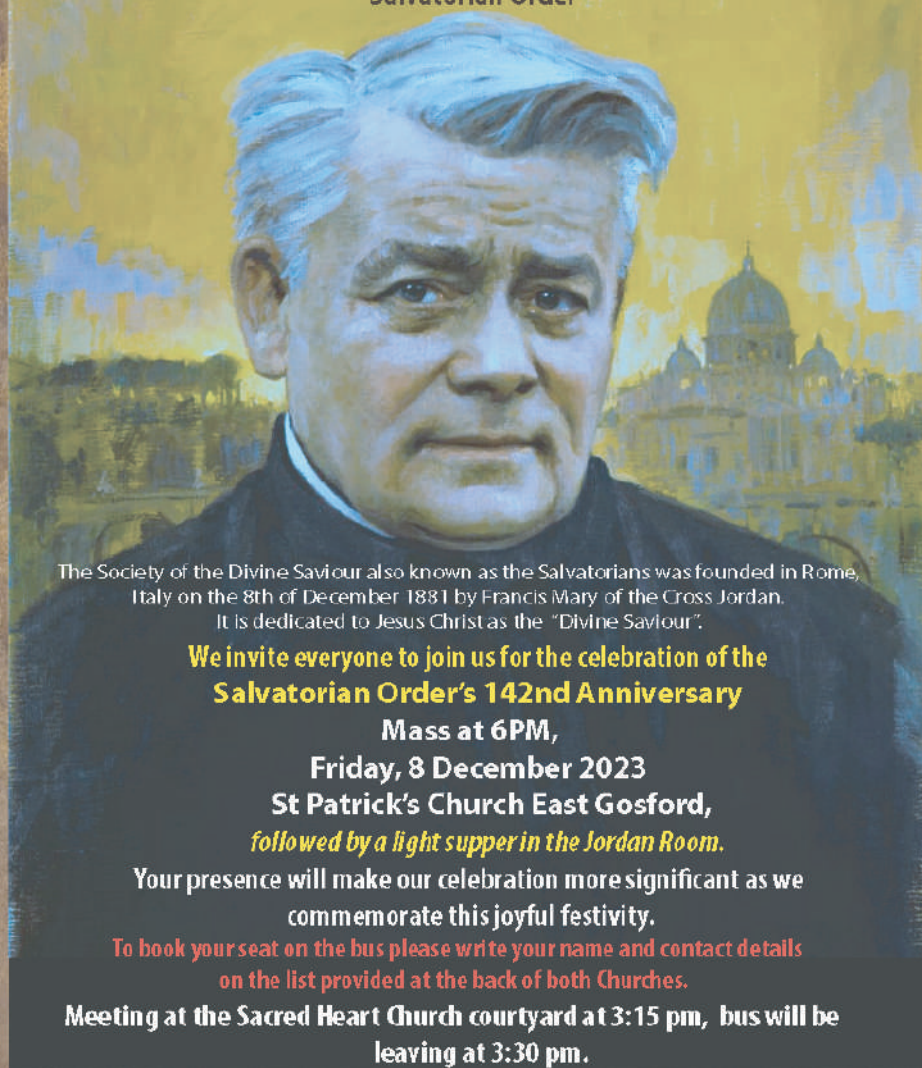
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2023
Our Year of
Stewardship

Salvatorian's Foundation Day

142nd Anniversary of the
Salvatorian Order



The Society of the Divine Saviour also known as the Salvatorians was founded in Rome, Italy on the 8th of December 1881 by Francis Mary of the Cross Jordan. It is dedicated to Jesus Christ as the "Divine Saviour".

We invite everyone to join us for the celebration of the Salvatorian Order's 142nd Anniversary

Mass at 6PM,

Friday, 8 December 2023

St Patrick's Church East Gosford,

followed by a light supper in the Jordan Room.

Your presence will make our celebration more significant as we commemorate this joyful festivity.

To book your seat on the bus please write your name and contact details on the list provided at the back of both Churches.

Meeting at the Sacred Heart Church courtyard at 3:15 pm, bus will be leaving at 3:30 pm.


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Community Collection

Sacred Heart Church, Mona Vale 
1 Keenan Street
Monday, 4 December
7:00 am - 9:00 am

We take:

Cameras; camera lenses; desktop computers; laptops; mobiles;
tablets; computer parts; cords; cables; iPads; iPods; power tools;
Gameboys; Nintendos; Xbox; computer games; tools; modems;
servers; hard drives; watches; vintage radios; accessories.

Certificates of data destruction available
on request.



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whirlrecycling.com
support@whirlrecycling.com

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

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Fr Zygmunt Smigowski SDS

Tel 9157 0999 ext 12
ap@pittwaterparish.org

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Josh Willard

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Sacramental Coordinator

Sonia Samartin

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CCD Catechist Coordinators

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Sacred Heart Church

1 Keenan Street Mona Vale

Maria Regina Church

7 Central Road Avalon

MONA VALE

Sacred Heart School

Tel 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School

Tel 7256 2138

Principal: Ms Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College

Tel 7256 2100

Principal: Mr Marc Reicher



Parish Bulletin Term 4, Week 7

Over the past week, our Year 8 Japanese students paired up with Year 9 students from a Shizuoka High School in Japan for our Japanese Cultural Immersion Program.

This exchange improved our Japanese guests' English skills, providing our students with the opportunity to practice Japanese speaking. The highlight came on Monday's farewell ceremony, where Shizuoka students shared a lively dance, teaching our students the Japanese version of the New Zealand haka. Meanwhile, our Year 8 Rock Band performed a fantastic song for our guests. This cultural exchange not only developed skills but also forged numerous new friendships. Our students actively engaged in the annual Mater Chess Tournament, where more than forty participants across different years competed to accumulate points for their respective Houses. This week, Mater Maria hosted the Tut Roadshow, an exceptional archaeological exhibition, offering students a captivating exploration of Ancient Egypt's treasures. Our Year 7 students engaged in three multimedia theatrette displays, creating intricate ancient seal replicas, exploring Forensic Archaeology with replica human skulls and personalising cartouches through stamping. It was a wonderful opportunity for our students to experience a hands-on journey through history at the College.

Year 10 students embarked on a camping trip to Killalea Regional Park, where they collaborated to bring food supplies, tents and all necessary camping gear for a three-day adventure. The program is designed to cultivate friendships, encourage challenges and foster a growth mindset. Additionally, students participated in a bush regeneration activity as part of the program's environmental appreciation component. Mentor classes in Years 7, 8, 9, and 11 united in gathering non-perishable food items to assemble hampers for the Vinnies Christmas Appeal. These generous donations were handed over to Vinnies on Friday. Simultaneously, Year 10 students, inspired by their recent visit to Jesuit Social Services, initiated a wide collection of non-perishable grocery items for their own Jesuit Social Services, Mount Druitt Appeal. The generosity demonstrated by our Mater community for both Christmas appeals has been outstanding. Our Year 12 student, Will Makin, has achieved an outstanding feat by securing the 6th position in the Student category of the Australian Wood. Applications for Year 7 in 2026 are open for prospective students and parents, while waiting lists are in place for Year 7 in 2024 and 2025. We invite you to explore the countless opportunities Mater Maria Catholic College has to offer by visiting our website at <https://matermaria.nsw.edu.au>

Hope

is faith holding out
its hand in the dark.



Next Sunday, *3rd of December*, will be the
First Sunday of Advent
and we will be ushering in the new
Liturgical Year Cycle B.

The rhythms of the the liturgical year can act as a guide for us,
beginning with Advent as the time to anticipate the
birth and life of Jesus Christ.

**PASTORAL
WORKS** Broken Bay

**NOVEMBER
APPEAL**

In times of great need, your generosity with our Pastoral Works appeal helps us go further and wider in helping our community of Broken Bay, and more deeply connect us to our vision and the mission of Jesus. I am deeply grateful for your support.

Most Rev Anthony Randazzo DD JCL
Bishop of Broken Bay



**Confraternity of
Christian Doctrine (CCD)**



**Pastoral Care
and Hospital Chaplaincy**

Pastoral Works Broken Bay also supports:

St Lucy's School
K-6 students with disabilities

St Edmund's College
7-12 students with disabilities

Ephpheta Centre
Catholic Deaf Community



Please give generously to our
NOVEMBER 2023 APPEAL

Your Tax-deductible gift supports vital pastoral ministries in our local community. Donate online at www.bbcatholic.org.au/pastoralworks





Catholic Parish of Pittwater

Christmas Carols & Dinner

We take this opportunity to invite all Parishioners & to thank all our Volunteers in the Parish, especially Senior Servers, Junior Servers, Lectors, Communion Ministers, Counters, Wardens, Musicians, Children's Liturgy, all who contribute to our Planned Giving & those who consistently give their time & effort generously to our Parish.

Let us celebrate the joy of Christmas & the gift of love on

**Saturday 9th December after 5pm Vigil Mass,
Sacred Heart Church, Mona Vale**

Bring your angelic voices & your best desserts & drinks to share.

If you are able to help with the preparations,
please call the office on 9157 0999.

Welcome to Pittwater Parish

Thomas Stanley Papanicolaou
at
Sacred Heart Church
Mona Vale
on the
19th of November 2023
for the
Sacrament of
Baptism

Charles Macintosh Woodhill
Duke Walt Patterson
Easton Thomas Cashman
Emilia Wish Satchell
Amalia Ludvig-Handley
Taylor Gloria Borthwick
Jones Steven Barber
at
Maria Regina Church
Avalon
on the
19th of November 2023
for the
Sacrament of
Baptism

Thank You so much

To all the musicians, singers and all involved in the Music Ministry.
We appreciate all your loving devotion to provide our Parish
with your precious time and beautiful music over the years.
You all have helped make our Churches special places of worship.



The *Living* Word

Entrance Antiphon Revelation 5:12; 1:6

How worthy is the Lamb who was slain, to receive power and divinity, and wisdom and strength and honour. To him belong glory and power for ever and ever.

First Reading

Ezekiel 34:11-12. 15-17

A reading from the prophet Ezekiel

You, my flock, I judge between sheep and sheep.

The Lord says this: I am going to look after my flock myself and keep all of it in view. As a shepherd keeps all his flock in view when he stands up in the middle of his scattered sheep, so shall I keep my sheep in view. I shall rescue them from wherever they have been scattered during the mist and darkness. I myself will pasture my sheep, I myself will show them where to rest – it is the Lord who speaks. I shall look for the lost one, bring back the stray, bandage the wounded and make the weak strong. I shall watch over the fat and healthy. I shall be a true shepherd to them.

As for you, my sheep, the Lord says this: I will judge between sheep and sheep, between rams and he-goats.

The word of the Lord

Responsorial Psalm Ps 22:1-3, 5-6, R.v.1

(R.) The Lord is my shepherd; there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose. **(R.)**

Near restful waters he leads me,
to revive my drooping spirit.
He guides me along the right path;
he is true to his name. **(R.)**

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **(R.)**

Surely goodness and kindness shall
follow me all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R.)**

Second Reading 1Corinthians 15:20-26. 28

A reading from the letter of St Paul to the Corinthians

He will hand over the kingdom to God the Father, so that God may be all in all.

Christ has been raised from the dead, the first-fruits of all who have fallen asleep. Death came through one man and in the same way the resurrection of the dead has come through one man. Just as all men die in Adam, so all men will be brought to life in Christ; but all of them

in their proper order: Christ as the first-fruits and then, after the coming of Christ, those who belong to him. After that will come the end, when he hands over the kingdom to God the Father, having done away with every sovereignty, authority and power. For he must be king until he has put all his enemies under his feet and the last of the enemies to be destroyed is death. And when everything is subjected to him, then the Son himself will be subject in his turn to the One who subjected all things to him, so that God may be all in all.

The word of the Lord.

Gospel Acclamation

Mark 11:9-10

Alleluia, alleluia!

Blessings on him who comes in the name of the Lord!

Blessings on the coming kingdom of our father David!

Alleluia!

Gospel

Matthew 25:31-46

A reading from the holy Gospel according to Matthew

He will take his seat on his throne of glory, and he will separate men one from another.

Jesus said to his disciples: 'When the Son of Man comes in his glory, escorted by all the angels, then he will take his seat on his throne of glory. All the nations will be assembled before him and he will separate men one from another as the shepherd separates sheep from goats. He will place the sheep on his right hand and the goats on his left. Then the King will say to those on his right hand, "Come, you whom my Father has blessed, take for your heritage the kingdom prepared for you since the foundation of the world. For I was hungry and you gave me food; I was thirsty and you gave me drink; I was a stranger and you made me welcome; naked and you clothed me, sick and you visited me, in prison and you came to see me." Then the virtuous will say to him in reply, "Lord, when did we see you hungry and feed you; or thirsty and give you drink? When did we see you a stranger and make you welcome; naked and clothe you; sick or in prison and go to see you?" And the King will answer, "I tell you solemnly, in so far as you did this to one of the least of these brothers of mine, you did it to me." Next he will say to those on his left hand, "Go away from me, with your curse upon you, to the eternal fire prepared for the devil and his angels. For I was hungry and you never gave me food; I was thirsty and you never gave me anything to drink; I was a stranger and you never made me welcome, naked and you never clothed

me, sick and in prison and you never visited me." Then it will be their turn to ask, "Lord, when did we see you hungry or thirsty, a stranger or naked, sick or in prison, and did not come to your help?" Then he will answer, "I tell you solemnly, in so far as you neglected to do this to one of the least of these, you neglected to do it to me." And they will go away to eternal punishment, and the virtuous to eternal life.'

The Gospel of the Lord

Communion Antiphon

Psalms 28:10-11

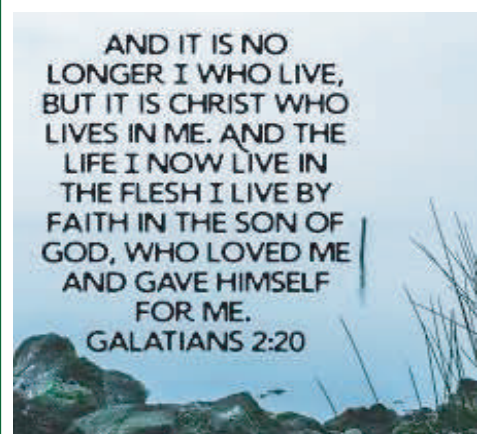
The Lord sits as King for ever.
The Lord will bless his people with peace.

REFLECTION

by Dianne Bergant CSA

We have now come to the end of the liturgical year, the point that marks the transition from one period to another. Today we see that the kingdom of God is inclusive. Its embrace is as comprehensive as is the embrace of God. Criteria for membership are not based on obedience to the commandments or on conformity to ritual obligation, but on the bonds of love and concern. What we do for others, we do for Christ, because Christ is identified with those in need. We very seldom see the face of the glorified Christ in the faces of the needy; it is more often the face of the disfigured Christ that is turned to us. We see his fear and his shame, his brokenness and sense of loss. As difficult as it may be to look into such eyes, it is precisely the needy with whom Christ is identified. Having entered into the frailty of human nature, identified himself with the needy, and handed himself over to death, in the end Christ will have conquered all. It is a curious kingdom that he has won, a kingdom of the weak rather than the strong. He has turned the standards of the world upside down. He has shown that it does not take strength to ignore or to exploit the needy, but it does take strength to overcome our own selfishness in order to serve them. The kingdom that Christ hands over to God is a kingdom of love and care.

© Dianne Bergant CSA



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HEARING THROUGH
THE WORD OF CHRIST.
ROMANS 10:17

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COLOSSIANS 3:12

*This is the day
the Lord has made,
let us rejoice and
be glad in it.*

Amen

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